

AT HOME

HOME TRASH AUDIT

DIRECTIONS

1. Pick a space in your house such as your kitchen or bathroom for your audit.
2. Collect trash from that space for a full week.
3. Put down a liner and lay out weeks' worth of trash.
4. Count and list trash items on the provided audit form.
5. Pack up waste.
6. Brainstorm alternatives that would help reduce trash items.
7. Select an alternative to try. Determine if it is a sustainable option.
8. Repeat process in all areas in the house where you collect trash.

SPACE:

ITEM	AMOUNT #	ALTERNATIVE

AT HOME

HOME RECYCLING AUDIT

DIRECTIONS

1. Collect items that you recycle for a full week.
2. Put down a liner and lay out weeks' worth of recycling.
3. Count and list trash items on audit form.
4. Pack up recycling.
5. Brainstorm alternatives that would help reduce items.
6. Select an alternative and try it out to determine if it is a sustainable option.

SPACE:

ITEM	AMOUNT #	ALTERNATIVE