

# BLINK AT HOME

# FOOD FROM THE LAND

## What foods grow on the land?

### Skills to Develop

- + Science content knowledge
- + Verbal communication
- + Fine motor skills

### Materials

- + Scooby's food [PDF]
- + Paper
- + Crayons/colored pencils/markers

## WHAT TO DO

### During the Learning Activity

1. Discuss what your child already knows about food that grows from the land. Ask: *what foods do you like to eat that grow from the land? What animals like to eat food that grows from the land?*
2. Read Scooby's food [PDF] to learn about the foods that Scooby the Russian desert tortoise likes to eat. Scooby is an herbivore, so she only eats food that grows from the land. Consider looking at pictures of any unfamiliar food items in Scooby's diet. Ask: *what foods does Scooby like to eat? Do you like to eat any of these foods? What do you like to eat that Scooby would not like to eat?*
3. Look at the picture of Scooby eating her food. Discuss that Scooby has a beak and a tongue that help her eat her food. Ask: *what body parts help you to eat your food? How do you eat like Scooby? How do you eat differently than Scooby?*
4. Discuss how plants grow. Explain that plants need water, sunlight, and nutrients from the ground to help them grow. Consider looking at pictures of their favorite plant foods before being harvested. Ask: *what kinds of food have you seen growing?*
5. Invite your child to create an image of Scooby eating her favorite foods. As they work, ask questions about their art making process: *what colors did you choose? Why did you pick those colors? What shapes did you choose?*

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### Extend the Fun

- + Learn where in the world your favorite fruits and veggies grow.
- + Look at pictures of different fruits, vegetables, and leafy greens before they are harvested.

# BLINK: FOOD FROM THE LAND

Scooby's food: Print and use

Scooby is a female Russian desert tortoise. In the wild they eat grasses, twigs, and flowers. At the museum, Scooby eats many green leafy vegetables such as collard greens, watercress, endive, and kale. She also eats vegetables, such as sweet potatoes and peppers, and fruits like blueberries.





# BLINK: FOOD FROM THE LAND

Scooby's food: Print and use



## Endives

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## Watercress

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## Sweet potatoes

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## Kale

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